**Competent Climber & Rescue Training**

**Duration:** 3 Days (1 Day Classroom, 2 Days Practical)  
**Certification Validity:** 24 Months  
**Location:** Lagos, Nigeria (On-site training available upon request)

**Course Overview**

Our **Competent Climber & Rescue Training** is a comprehensive program designed for individuals who work at heights on structures such as towers, cranes, and scaffolds. This course combines theoretical knowledge with practical skills to ensure participants can perform their duties safely and effectively.​

**What You'll Learn**

* Understanding of relevant regulations and standards (e.g., OSHA, ANSI)
* Fall protection hierarchy and systems
* Proper use and inspection of climbing equipment
* Climbing techniques and hazard recognition
* Emergency response planning and rescue procedures​

**Course Structure**

**Day 1: Classroom Instruction**

* Introduction to fall protection systems
* Review of applicable safety standards
* Hazard identification and risk assessment
* Emergency response planning​

**Days 2 & 3: Practical Training**

* Hands-on climbing exercises on various structures
* Use of personal protective equipment (PPE)
* Execution of self-rescue and assisted rescue scenarios
* Equipment inspection and maintenance practices​

**Certification**

Participants who successfully complete the course will receive a **Competent Climber & Rescue Certificate**, valid for 24 months. This certification meets the requirements set forth by OSHA and ANSI for competent persons working at heights.​

**Who Should Attend**

This course is ideal for:​

* New hires in construction, maintenance, or industrial roles involving work at heights
* Safety officers and supervisors overseeing elevated work operations
* Individuals seeking to enhance their knowledge and skills in fall protection and rescue​

**Prerequisites**

* Participants must be at least 18 years old
* Physically fit to perform climbing activities
* Basic understanding of construction or industrial work environments is beneficial​

**Enrollment Information**

* **Duration:** 3 Days
* **Format:** In-Person Training
* **Location:**
* **Cost:** NGN 1.2M